

# Lilly the Lash

## Girl Scout Patch Program - Option 3

### "A Lash Stash Box for Someone Special"

#### Age Level:

Juniors

#### Group Size:

1 to 30

#### Materials:

The Garden Gathering book by Julie Woik

Boost Someone's Self-Esteem Sheet (included)

Paper to write Girl Scout's names on and cut into squares

A small raw wooden box (Michaels' Craft Store for \$1.00 to \$3.00)

Foam shapes, letters, rub-on decorations, sequins, buttons, and stickers

Acrylic Paints and Markers

Magazines or newspapers of all sorts that can be cut up

Scissors and glue

Cotton Balls or White 1/2 foam (that can be cut to fit into box)



#### Discover:

Read The Garden Gathering together as a group. Discuss the significance of helping to build someone's self-esteem. Discover the level of confidence and happiness someone can achieve when they feel they have value.

#### Connect:

- Girl Scouts pick the name of another Girl Scout from a satchel or hat.
- Each girl picks a Lash Stash box.
- Start by painting or using a marker to color the box.
- Decorate the box with the different supplies available.
- Use positive words and images that describe the Girl Scout you are creating this box for.
- Line the bottom with cotton.

#### Take Action:

At least one time in the next week, have each Girl Scout tell someone something that will boost their self-esteem. They should remind them of a good quality or recognize something they've done that meant a lot to those around them. Have them write down their experience and the reaction they received. Share it with the group at the next scout meeting.